

Susquehanna Ripples



Newsletter of the Susquehanna Chapter of Trout Unlimited #044

February 2013

Officer and Directors

President: Open, David Craig
Acting

Vice President: Open

Secretary: David Craig
Email: davsalc@comcast.net
Home: 570-326-1002
Cell: 570-971-4744

Treasurer: Bob Baker
Email: rlbaker@earthlink.net
Home: 570-321-7806

Board of Directors

Walt Nicholson
Joe Radley

7 open Director Positions



Newsletter Editor/Webmaster -
Bob Baker (821 Wilson Street,
Williamsport, PA 17701-5449)

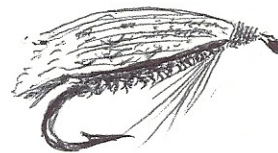


Fly Tying Class to Be Held

The Susquehanna Chapter of Trout Unlimited will again be holding a fly tying class starting on February 5, 2013 from 7pm until 8:30 pm. The class is open to everyone (members and non members) and will be held once a week for 6 weeks.

Class's will be held in the Fellowship Hall at the First Presbyterian Church (102 East 3rd Street, Williamsport) and will feature beginner and advanced instruction. We are asking those students who will be taking the advanced tying, to submit their requests for what they would like to tie so that instructors have time to prepare to teach that particular fly. If you have your own tools and supplies, you are welcome to bring them but items will be available for you to use at the class. There is no charge for the class and we are looking forward to another great class. Instructors who have indicated they will participate include: Walt Nicholson, Bill Bartlow, Don Daughenbaugh, Joe Radley, and Bob Spencer, and Ed Blackburn.

To register or for more information, please contact Ed Blackburn at 570-433-4489, or email esblackburn@comcast.net by February 3rd.



State Fly Tying Championship

The annual Pennsylvania State Fly Tying Championship will be held on Saturday February 9, 2013 at the Eastern Sports and Outdoor Show at the State Farm Show Complex in Harrisburg. The sponsors of this event are the Cumberland Valley Chapter of Trout Unlimited, The Eastern Sports & Outdoor Show, Mid Atlantic Fly Fishing Guide magazine and Bass Pro Shops. The competition will begin at 11 a.m. in the Fishing Experience section.

Support for our Watersheds

The Annual Watershed Summit held on January 9 was another great event. Well over 50 people were in attendance and each group gave a brief presentation on what their organization has done and what it hopes to do in the future. Many great things have been accomplished by these organizations. Their work to protect our water is done by way of monitoring the water quality, stream clean up, stabilizing stream banks, restoring riparian buffers, and education of not only property owners, but the public in general.

We are very fortunate to have such a great group of dedicated individuals who volunteer their time with the various groups to protect our water and to make our watersheds a more beautiful place. They can always use more help; whether it be financial or by donating your time to a project - it will be appreciated. Listed below are the address's of organizations in our area working to protect our waterways. Please contact them for further information or membership information.

Black Hole Creek Watershed Association
c/o Montgomery Borough
35 South Main Street
Montgomery, PA 17752-0125

Department of Environmental Protection
208 West Third Street, Suite 101
Williamsport, PA 17701

Greater Nippenose Valley Watershed
Association
PO Box 36
Antes Fort, PA 17720-0036

Larry's Creek Watershed Association
PO Box 64
Trout Run, PA 17771

Loyalsock Creek Watershed Association
PO Box 216
Montoursville, PA 17754-0216

Lycoming County Conservation District
542 County Farm Road
Suite 202
Montoursville, PA 17754

Lycoming County Planning Commission
Lycoming County Courthouse
48 W. 3rd Street
Williamsport, PA 17701

Lycoming Creek Watershed Association
PO Box 173
Trout Run, PA 17728

Muncy Creek Watershed Association
PO Box 47
Muncy, PA 17756-0047

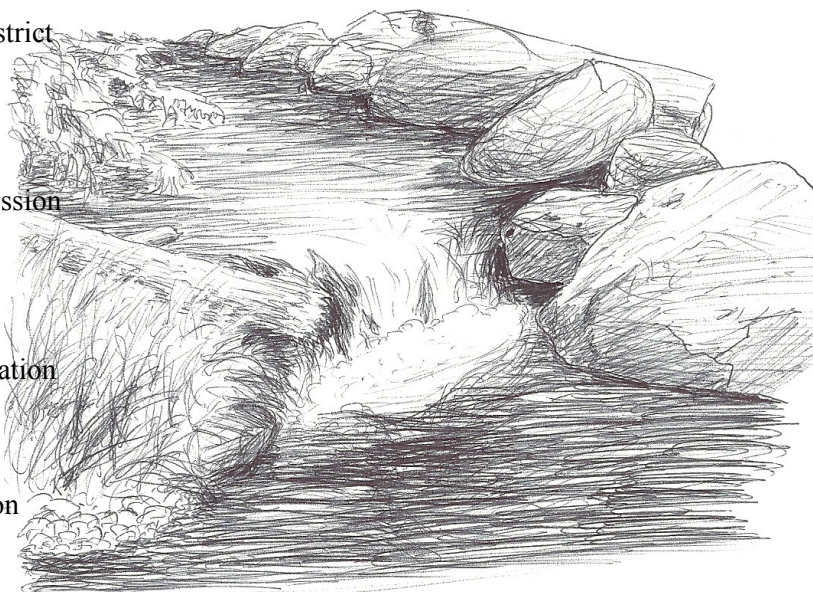
North Central Pennsylvania Conservancy
330 Government Place
Williamsport, PA 17701

Pine Creek Preservation Association
PO Box 11
Waterville, PA 17776

Pine Creek Watershed Council
118 Main Street
Wellsboro, PA 16901

Rose Valley / Mill Creek Watershed Association
PO Box 159
Trout Run, PA 17771

Susquehanna Greenway Partnership
201 Furnace Road
Lewisburg, PA 17837



Veterans Service Program

The Veterans Service Program is a nationwide effort initiated by Trout Unlimited to engage our 400 chapters and 140,000 members in the good work of bringing rehabilitation, healing and hope to our nation's recovering soldiers and disabled veterans. Through the generous support of Telos Corp., and the Goyanes Family Foundation, TU members in ever-growing numbers are stepping forward to repay those that have given so much to ensure our freedoms.

In partnership with Project Healing Waters and other veteran's service organizations, our chapter members meet with the recovering warriors at VA Medical Centers, outpatient clinics and military facilities across the nation. These instructional meetings are managed by our program leaders and might involve as many as 15 to 20 participants and an equal number of volunteers. We teach the basics of fly casting, fly tying, rod and drift boat building, fishing techniques, basic entomology and coldwater conservation. The meetings occur once or twice a month and during good weather are followed by many on-stream outings.

Our participants include disabled veterans and recovering soldiers from the Vietnam Era and those from more recent conflicts. Many are wheelchair bound. Many are amputees. Many have suffered traumatic brain injuries, and many are suffering from some degree of Post Traumatic Stress Disorder.

It is amazing to watch one of our warriors regain hope and healing through the programs that we offer. Motor skills are improved and the physical and psychological rehabilitation that results from our activities makes it all worthwhile. There is nothing like a clear, cold trout stream to bring peace and comfort to those who have experienced the traumas of war. By teaching the basics of the sport we love, and through many on-stream outings, we are bringing therapeutic rehabilitation to those who have given so much.

There are over 3 million disabled veterans in this land of ours, and over a million of them are from the Iraq and Afghanistan conflicts. The need is there, it is real and it is important. Through our programs we are witnessing miracles, large and small, as we bring healing and hope to this ever-growing number of men and women who have made extraordinary sacrifices to protect our rights and freedoms.

For additional information about the program and how you can become involved, please contact our Veterans Service Program Coordinator, Alan Folger, at afolger@tu.org. (<http://www.tu.org/about-us/special-projects/veterans-service-program>)



Fishing Equipment Recycling

In an effort to further help those in need and to reduce the amount items being sent to the landfill, the Chapter has started a recycling program for fishing equipment and accessories. We want your old line, hooks, lures, weights, waders, vests, poles, fly tying materials, and anything else related to fishing.

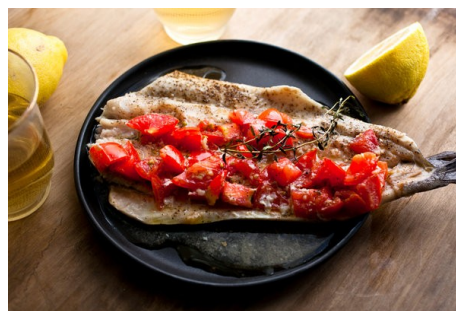
We all have items that are stored away in the back of a closet or in a box under the bed. These items may not be of any use to us anymore but we just haven't thrown them away. We don't want them to be thrown away. Give them to your Chapter and we will have them recycled appropriately or will see that they are reused if there is still life left in them. We will donate these items to groups who can use them (Project Healing Waters and Camp Victory are examples), use for Chapter programs, or to members who are in need of that item.

If you have anything that you would like to recycle, please contact Bob Baker (570-321-7806 or rlbaker@earthlink.net) to arrange for pickup of that item. You can also bring items to any Chapter meeting.

Rainbow Trout Baked in Foil With Tomatoes, Garlic and Thyme

By MARTHA ROSE SHULMAN

Extra virgin olive oil for the foil
4 small rainbow trout, boned
Salt and freshly ground pepper
1 pound ripe tomatoes in season, peeled, seeded and chopped
2 garlic cloves, minced
1 tablespoon extra virgin olive oil
4 to 8 sprigs fresh thyme
Chopped fresh parsley or thyme for garnish
Lemon wedges for serving



1. Preheat the oven to 450 degrees. Cut 4 sheets of heavy-duty aluminum foil that are 3 inches longer than your fish. Oil the dull side of the foil with olive oil and place a trout, skin side down, on each square. Season both sides with salt and pepper and open them out flat.
2. In a bowl combine the tomatoes, garlic, 1 teaspoon olive oil and salt and pepper to taste. Spoon over the middle of each trout. Place 1 or 2 sprigs of thyme on top, and fold the two sides of the trout together. Drizzle 1/2 teaspoon olive oil over each fish.
3. Making sure that the trout are in the middle of each square, fold the foil up loosely, grab at the edges and crimp together tightly to make a packet. Place on a baking sheet and bake for 10 to 15 minutes, checking after 10 minutes. The flesh should be opaque and pull apart easily when tested with a fork.
4. Place each packet on a plate. Carefully cut across the top to open it, taking care not to let the steam from inside the packet burn you. Gently remove the fish from the packet and pour the juices over. Sprinkle with parsley or thyme and serve, passing the lemon wedges.

Yield: 4 servings.

Nutritional information per serving (based on 6-ounce servings of fish): 308 calories; 14 grams fat; 3 grams saturated fat; 4 grams polyunsaturated fat; 5 grams monounsaturated fat; 117 milligrams cholesterol; 5 grams carbohydrates; 1 gram dietary fiber; 101 milligrams sodium (does not include salt to taste); 40 grams protein

Waterways Conservation Officer to speak at February Meeting

Emmett M. Kyler III, Waterways Conservation Officer for Eastern Region - Lycoming County, will be the speaker at the Chapter meeting on February 13, 2013. Emmett will talk to us about his job, his challenges, the goals of the PA Fish and Boat Commission, and answer all of your questions. WCO's are a vital link in the chain of people who are working to ensure clean water, safe boating opportunities and a great fishing habitats. Please come out and say hi to Emmett and have a good time with your fellow outdoorsmen and fishermen.

Fly Pattern Trading Cards by Toppin' the Waters Trading
www.flyhack.com



Cream Midge Dry Fly

Hook: Standard dry fly, sizes 16-26

Thread: White

Tail: Cream hackle fibers

Body: Cream dubbing

Hackle: Cream

Do You Use the USGS Stream Flow Information

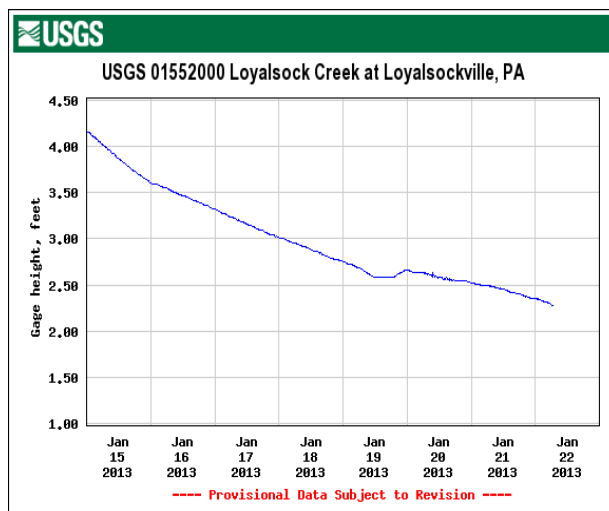
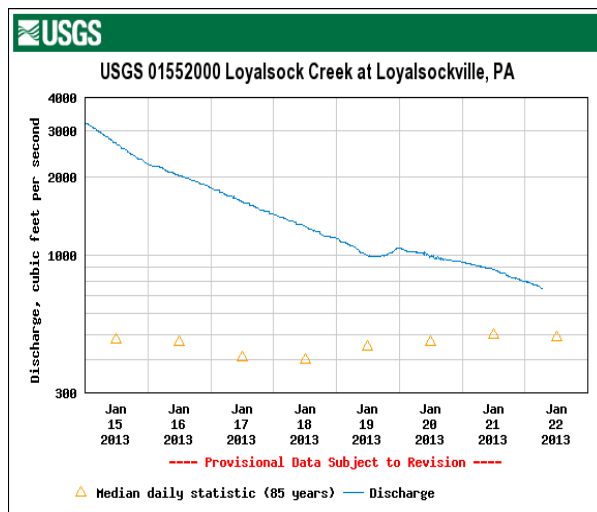
Did you know that the United States Geological Survey operates stream gages in our area to obtain information about that particular stream? This is done through the National Stream Flow Information Program and its uses include prediction of floods, management and allocation of water resources, design and operation of engineering structures, scientific research, operation of locks and dams, and for recreational safety and enjoyment.

As fishermen, this information is valuable to us because we can determine how high the water is (stream gage or gage height) in a particular fishing spot and how fast the water is moving (discharge in cubic feet per second). It is important to remember that not every stream is monitored. If a gage height for a particular stream is 2.5 feet, this does not mean the water is 2.5 feet deep; it only means that water level above the reference point is 2.5 feet.

Also of importance to us is the discharge - the volume of water that passes a given location within a given period of time. This figure is given in cubic feet per second. Looking at Loyalsock Creek, the gage height is 2.25 feet and the discharge is approximately 800 CFS. The

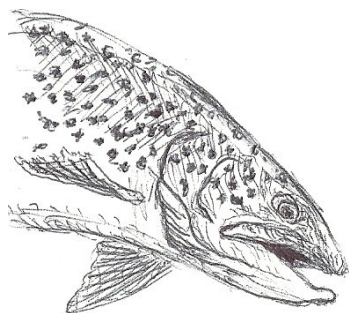
higher the gage height, the greater the discharge and the more dangerous it is for us to be in the water.

There are currently 9 monitoring stations in Lycoming County. It is important to remember that this information is only a guide and there are a number of variables that can affect fishing at a particular location. For more information about these and to obtain current, and historical information about those streams can be found at <http://waterdata.usgs.gov/pa/nwis/rt>.



Wading Difficulty (based on gage height)

- 3 ft. & above: Very dangerous - no wading
- 2.5 ft. to 2.9 ft.: use caution - Can move around close to banks
- 2.0 ft. to 2.4 ft.: use caution - Can wade up to 25% of stream
- 1.5 ft. to 1.9 ft.: use caution - Level good for wading up to 50% of stream
- 1.0 ft. to 1.4 ft.: Use caution - Can wade up to 75% of stream
- .5 ft. to .9 ft. Use caution - Can wade up to 90% of stream



WELCOME NEW MEMBERS

Jack Pivrotto

Douglas Raesner

Kevin Smith

Our Membership stands at 209 Members!!!!



Susquehanna Chapter of Trout Unlimited
PO Box 1132
Williamsport, PA 17703

Non-Profit
Organization
U.S. Postage
PAID
Williamsport, PA 17701
Permit No. 159

Upcoming Events

February 5, 2013

Fly Tying Class

February 12, 2013

Fly Tying Class

February 13, 2013

Monthly Meeting with a WCO Emmett Kyler,
Pennsylvania Fish and Boat Commission

February 19, 2013

Fly Tying Class

February 26, 2013

Fly Tying Class

March 5, 2013

Fly Tying Class

March 12, 2013

Fly Tying Class

March 13, 2013

Monthly Meeting

March 30, 2013

Opening Day of Trout in Southeast PA

April 10, 2013

Monthly Meeting

April 13, 2013

Statewide opening of Trout Season

Chapter meetings

Held on the 2nd Wednesday of each month and are open to the public and begin at 7:30 pm. Meetings are held at the First Presbyterian Church of Williamsport in the Fellowship Hall, 102 East 3rd Street, Williamsport. Parking is in the rear of the Church along Mulberry Street.

No meetings are held in June, July, August or December