

## Rock Run Coldwater Heritage Plan Topic of Meeting

Shawn Rummel, Ph. D., of Trout Unlimited's Eastern Brook Trout Initiative will be the speaker at the March meeting of the Susquehanna Chapter of Trout Unlimited on Wednesday, March 9 at 7:00 PM at the Fellowship Hall at the rear of the First Presbyterian Church at East Third and Mulberry Sts. in Williamsport. He will present an update on the Coldwater Heritage Plan for the Rock Run watershed tributary to Lycoming Creek. Rock Run is one of the most beautiful and popular streams in north central PA and the plan will be evaluating its water quality, trout passage and habitat issues, and potential for mitigation of problems that may be limiting trout populations in the watershed. The meeting is free and open to the public.

#### Women's and Children's Initiatives

The number of people fishing within Pennsylvania has declined over the last several years. There are many reasons for this and there is a link to a report concerning this issue on page 2. This is not only a problem within Pennsylvania but nationwide and Trout Unlimited wants to focus on getting people back into the sport of fishing. TU now offers family memberships and PA TU now has a Women's Initiative Coordinator. Kandy Weader is the Coordinator and is working hard to get female volunteers to plan fun, educational events for new, and seasoned, anglers. The purpose is to get more women involved with this great sport. Our Chapter will be looking into ways we can work toward the goal of increasing the opportunities for females in our region. If you are interested in helping with any programs or becoming a Coordinator of your Chapter, please contact Kandy Weader, PA Women's Initiative Coordinator, to discuss the position at <a href="mailto:kweader@comcast.net">kweader@comcast.net</a> or 814-574-5570. For a list of upcoming Women's events, please see PA Trout website or the Women's Initiative Group at <a href="http://www.tu.org/connect/groups/pa-women-fishing&nbsp">http://www.tu.org/connect/groups/pa-women-fishing&nbsp</a>;

TU is also looking at ways of getting more children involved with fishing as well. TU does have programs in place at the present time for youth; First Cast, PATU Rivers Conservation and Fly Fishing Youth Camp, Trout in the Classroom, Five Rivers Program, and Youth Memberships. Despite these programs, many kids are choosing other things other than angling. Our Chapter will also be looking into ways to get more kids involved in fishing, whether with the previously mentioned programs or something new.

We welcome any comments, suggestions, and help in these endeavor's. If you would like to help, please contact any of the officers listed on page 2 of this newsletter.

## **Fly Tying Class**

The Chapter's annual fly tying class has started and is underway. Many new faces (friends) are attending and all are having fun. The beginner group, lead by Joe Radley, has learned the basics of using the tools and started tying very basic flies while the intermediate group, led by Walt Nicholson, is working on slightly more advanced flies and techniques. Burr Boston is leading an advanced group and they are tying flies by Roman Moser. As always, friendships are being made and we welcome you to join us at any of the remaining class's.

## Fly of the Month



#### March Brown Comparadun

**Thread**: Dark Brown 6/0 Uni-Thread **Hook**: Standard dry fly hook, #10 and #12

Wing: Natural brown deer hair

Tail: Brown Microfibetts, ten fibers split 5/5

Body: Tan rabbit dubbing

**Ribbing**: Made from the tying thread, reverse dubbed body, wind rib (bare thread) forward from bobbin after

winding dubbing from thorax to tail

Thorax: Tan rabbit dubbing

Head: Brown

This fly was tied and photographed by Don Bastian and taken from http://donbastianwetflies.com/2013/06/07/march-brown-comparadun-with-video/



# **Understanding Activities that Compete with Recreational Fishing**

At our Chapter meeting in February, a discussion was held on the declining numbers of anglers in the state and how to get more people involved. After the meeting, Commissioner Hussar forwarded a report to the Chapter. The report is by the American Sportfishing Association and was published in 2012. To see the report, please visit this link, <a href="http://asafishing.org/uploads/Undecling-nd-color: blue research and or nd or nd

## **Butter Worm Spinner**



While at the Early Bird Sports Expo in Bloomsburg, I came across Gotzon Getzit Fishing Lures & Sportsman Jewelry. All the lures are hand made in Northampton PA and they spinner type lures. They have several types available; Bumblebee, Caterpillar, Hellgramite, grasshopper, and meal worm are just a few. The one above is of the butter worm as many bait fisherman use butterworms as their go to bait during trout season. For more information, please check their website at <a href="http://store.gotzonfishinglures.com/">http://store.gotzonfishinglures.com/</a>

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## Newsletter Editor/Webmaster

**Bob Baker** 

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## Coldwater Heritage Partnership Grant Treasurers Report for January 1, 2016 through January 31, 2016

Submitted by Bob Baker, Treasurer

Beginning Balance January 1, 2016 \$4,500.00

No Deposits

No Expenses

Account balance January 31, 2016 \$4,500.00

## Treasurers Report for January 1, 2016 through January 31, 2016

Submitted by Bob Baker, Treasurer

Checking Beginning Balance: \$1,795.91

Income

Sold Merchandise from stock \$ 60.00

**Total Income**: \$ 60.00

Expenses:

Bob Baker (January Ripples) \$ 115.75

**Total Expenses**: \$ 115.75

Checking Account Balance \$1,740.16

Savings Account Beginning: \$3,082.50

Interest for January \$0.13

Total Income \$0.13

No Expenses:

Savings Account Balance \$3,082.63

Money in the bank

Checking Account: \$1,740.16 Savings Account: \$3,082.63 \$4,822.59 In the February issue of the Susquehanna Ripples, the interest earned from November 2015 was marked at \$0.14. The correct figure is \$0.12 and this report reflects the corrected figure.

## Recipe of the Month



## Super Salmon Blueberry Salad

#### **Ingredients**

1 medium-sized red onion, thinly sliced in half rings 1/4 cup Regina red wine vinegar

1 teaspoon sugar

1 teaspoon salt, divided

1/4 teaspoon ground black pepper, divided

3 tablespoons olive oil, divided

1-1/2 pounds salmon fillet, cut crosswise in 4 portions

6 cups lettuce leaves (bite-sized)

1 cup fresh blueberries

#### Method

In a microwaveable cup, combine onion, red wine vinegar, sugar, 1/2 teaspoon of the salt and 1/8 teaspoon of the pepper; cover loosely with plastic wrap; microwave on high power for 1 minute. Let stand, stirring occasionally, until onions turn pink, about 15 minutes. Preheat grill or broiler.

Brush 1 tablespoon of the olive oil on both sides of the salmon fillets; sprinkle with remaining 1/2 teaspoon salt and 1/8 teaspoon pepper. Grill or broil salmon, skin side down, until just cooked through, about 6 minutes.

Divide lettuce leaves among 4 dinner plates; place salmon in the center.

With a slotted spoon, remove onions from vinegar; scatter onions, along with the blueberries, over and around the fish.

Whisk remaining 2 tablespoons of the olive oil into the vinegar mixture; drizzle vinaigrette over salmon.

Source: North American Blueberry Council



Trout stocking will begin soon and help is needed. If you are able to help, please contact the Waterways Conservation Officer in your area to learn how.

## TYING FLIES FOR HEALTH

## Veterans in Army Hospitals Work With Fur, Feathers, and Steel in New Program of Occupational Therapy

(The ANGLER Salutes a Fine Program)

LY-TYING has been added to the list of crafts taught in the occupational therapy rogram of army hospitals—and the fascitating work of making artificial lures to atch trout, bass, and pickerel is helping to estore hundreds of disabled war veterans to lealth and strength.

And the vast quantities of materials and ools which are used in the program are riginating in the State of Pennsylvania.

About a year ago, at the suggestion of

George Quinn, of Washington, D. C., an authority on fishing and fishing lures, the surgeon general's office of the War Department organized a class in fly-tying in Walter Reed Hospital in Washington. The innovation proved so popular and so beneficial to the convalescent service men that today it is being set up in some of the largest hospitals the government operates.

Fly-tying had a two-fold effect.

First, it helped to restore a wounded man's

Occupational therapist instructs a disabled soldier.





Ernest Hille of Williamsport—father of occupational therapy for U. S. disabled soldiers.

coordination of mind and muscle to a remarkable degree, and at the same time it did much to restore movement and strength to disabled hands and fingers.

Secondly, it had a psychological effect for it soothed taut nerves and eased worried minds by inducing the veterans to think about fishing, a sport that is healthful, normal, and full of fun.

Among the army hospitals now using the program are Walter Reed in Washington; Ashford General in White Sulphur Springs, W. Va.; Percy Jones in Battle Creek, Mich.; Lawson General near Atlanta, Ga.; Borden General at Chickasha, Okla., and Bushnell General at Brigham City, Utah.

Occupational therapists, usually young women, are assigned to the various hospitals to instruct the veterans in fly-tying.

Flies of simple construction are made first by the soldiers. The streamer types are popular for beginners. Flies of a bit more complex patterns come later, and the soldier progresses in his work until he is able to turn out perfect lures of the most detailed types.

What do the soldiers do with their flies?

Most of them hope some day to use them for catching fish in the streams and lakes back home. Others send flies to members

Susquehanna Chapter of Trout Unlimited



Workers assemble material for hospital,

of their families, and a few look forward to careers as professional fly-tiers.

Kits supplied for use in the army hospitals are huge affairs, for they must contain materials to make all types of lures. In a single hospital may be a soldier from Pennsylvania, where trout fishing is the No. 1 sport; another from Florida, where the largemouth black bass is the favorite game fish; still another from the West, where the rainbow trout ranks first on the angler's list.

There is a lot of difference between a trout lure and a bass lure, and the kit is designed so that the soldier, no matter where the hospital is located, is able to make the types of lures which he has used and some day will use again in his home waters.

Each kit is designed to provide 2,400 manhours of work, and when it is considered that many veterans are able to construct flies at the rate of four an hour, the huge quantities of materials that are necessary is obvious.

Mr. and Mrs. Ernest Hille, of Williamsport, who are widely known among Pennsylvania anglers and fly-tyers, are providing the hospital fly-tying kits, and the job is so great that they have enlarged their quarters, put a considerable staff of assistants to work, and are devoting all of their attention to War Department requirements. They have had to tell their thousands of mail-order customers that no retail orders from civilians can be accepted until the government work is finished, and that may be for a period of a number of years.

A year ago the War Department ordered a fly-tying kit from the Hilles for use in the Walter Reed Hospital, where the program was first tested. The craft proved so popular among men in the hospital that early this winter the Hilles were called to Washington and informed that the government wished to expand the program to include other army hospitals and were asked if they could undertake to supply the kits.

The job looked almost impossible at first.

Hooks and tools of steel, for example, were not being manufactured. Feathers and other materials obtained from foreign sources were not being imported because of war conditions. Silk tying thread was off the market. Even domestic fur was difficult to obtain. Obtaining of containers also was a problem.

Assured by the War Department that the government would do all in its power to help solve these material problems, the Hilles set out to design a kit that would meet the needs of the program. They consulted a number of veteran fly-tyers in Central Pennsylvania as to types and quantities of materials needed, and eventually a kit was worked out that met the specifications of these experts and also of the army.

With the assistance of the government—which frankly feels that it owes it to disabled soldiers to do all in its power to restore them to health and strength—materials for the kits were rounded up. Even precious hooks were obtained in amazing quantities.

Meanwhile, the Hilles began assembling kits in a one-room "war plant" in Williams-port—and the program was officially under way.

This article was reprinted from the March 1945 issue of the Pennsylvania Angler. Ernie Hille, one of the Chapter founding members, became involved with this program 19 years before the Chapter was formed. This program has grown and is still going strong. Our Chapter is proud to be part of the Project Healing Waters Program. Another tribute to a great man who again has shown us that his legacy lives on.

# **Important Contact Information**

PA Fish and Boat Commission Headquarters – Harrisburg 1601 Elmerton Avenue PO Box 67000 Harrisburg, PA 17106-7000 717-705-7800

PFBC Law Enforcement North Central Region 595 East Rolling Ridge Drive

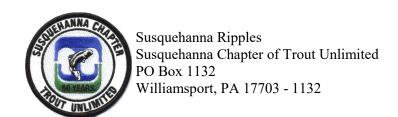
Bellefonte, PA 16823 Telephone: (814) 359-5250 Fax: (814) 359-5254

Water Pollution Hotline 855-347-4545 855-Fish-Kil)

Commissioner Eric Hussar District 5 Commissioner ech@mid-pennenergy.com 570-412-6224



The Pennsylvania Fish and Boat Commission is very interested in receiving public comments, thoughts, and opinions about the Commission, fishing and boating, and the Commonwealth's aquatic resources. As a result, the PFBC has developed the Fishing Hole to collect and analyze your feedback. Fill out the online form for general comments and ideas. http://fishandboat.com/inform.htm. Do NOT submit messages to report violations, pollutions or fish kills.\*\*



The Mission of the Susquehanna Chapter of Trout Unlimited is to work to conserve, protect and restore Central Pennsylvania's coldwater fisheries and their watersheds

#### **Upcoming Events**

Project Healing Waters Held the 1st and 3rd Tuesday of each month from 6:30 pm - 8:30 pm

> March 1, 2016 Fly Tying Class

> March 8, 2016 Fly Tying Class

March 9, 2016 Chapter Meeting—Rock Run Project Update at 7 pm (note time change)

> March 15, 2016 Fly Tying Class

March 23, 2016 Fly Tying Class March 26, 2016 Regional Mentored Youth Trout Day

March 29, 2016 Fly Tying Class

April 2, 2016
Regional Opening Day
of Trout

April 9, 2016
Statewide Mentored
Youth Trout Day

April 13, 2016 Chapter Meeting

April 16, 2016
Statewide opening of
Trout Season

#### WELCOME NEW MEMBERS

Ken Beane Jason Bogle Ronald Hine Stephen Shaner Richard Smith

Our Membership currently stands at 267 members

## **Chapter meetings**

Held on the 2nd Wednesday of each month and are open to the public and begin at 7:30 pm. Meetings are held at the First Presbyterian Church of Williamsport in the Fellowship Hall (unless otherwise noted), 102 East 3rd Street, Williamsport. Parking is in the rear of the Church along Mulberry Street.

No meetings are held in May, June, July, August or December